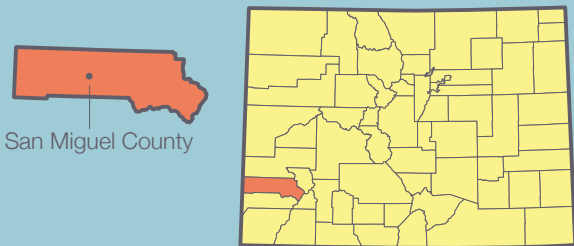2014 Survey Results

SAN MIGUEL COUNTY

Tri-County Health Network initiated a survey in San Miguel County to:

- Identify the current health care issues and needs in the community
- Understand the differences across communities in Ouray, San Miguel, and the Westend of Montrose
- Develop a plan that targets resources and funding for the identified community needs

San Miguel County

4.3% Of the population speaks Spanish at home and speaks English less than very well

8.6% Of the community are Hispanic or Latino

This is an area with

8,148 Residents

18.5% Uninsured rate

7.3% Of the people **LIVE BELOW** the poverty level

Projected change in the 65+ population between 2010 and 2020 is greater than 90%

greater than **90%**

SAN MIGUEL COUNTY IS DESIGNATED AS A MEDICALLY UNDERSERVED AREA AND A HEALTH PROFESSIONAL SHORTAGE AREA

4.2 Is the average number of days experienced by adults when their mental health was not good

27.6% Of women went for dental care during pregnancy*

Compared to **44%** Statewide

46% Of women received adequate prenatal care 2010-2012

WHILE MANY IN THE SURVEY INDICATED HAVING INSURANCE, THE MAJOR FACTOR FOR NOT HAVING INSURANCE WAS THE COST.

$$$

* This is Colorado Health Indicators data from Region 10 which includes San Miguel, Ouray, Montrose, Delta, Gunnison and Hinsdale.

KEY FINDINGS IN SAN MIGUEL COUNTY

INDIVIDUAL CHALLENGES

- Access to specialists
- Access to adult dental care
- Access to mental health services including those for stress and depression

COMMUNITY CHALLENGES

- Access to specialists
- Access to substance abuse and mental health services
- Access to home health / end of life services
- Transportation

COMMUNITY'S GREATEST BEHAVIORAL HEALTH RELATED NEED

- Substance use including alcohol
- Access to mental health services
- Access to services to address stress and anxiety

BARRIERS TO CARE

- No resources to pay for the service
- Transportation / Health services too far away
- There is a fear of confidentiality not being maintained

WHAT IS NEEDED TO IMPROVE HEALTH IN THE COMMUNITY

- Recreation facilities
- Access to specialists
- Wellness services

> "My vision for a healthy community includes more substance abuse services."

NEXT STEPS

TCHNetwork is interested in establishing local work groups to develop a roadmap working towards identifying resources and funding for the needs identified above. These work groups will work collaboratively to develop a roadmap focused on identifying community solutions within the next six months. If you are interested in getting involved in this process, please contact Lynn Borup at info@tchnetwork.org

Tri-County Health Network is a nonprofit entity committed to improving the quality and coordination of health and healthcare services by increasing healthcare access and integrative health services at lower costs.